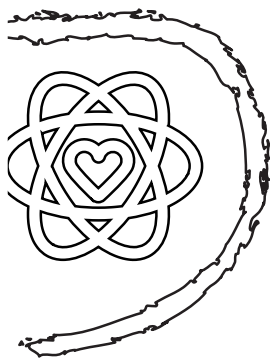
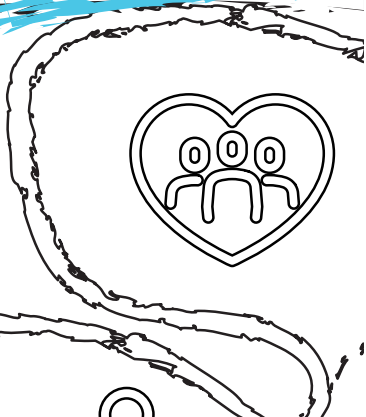




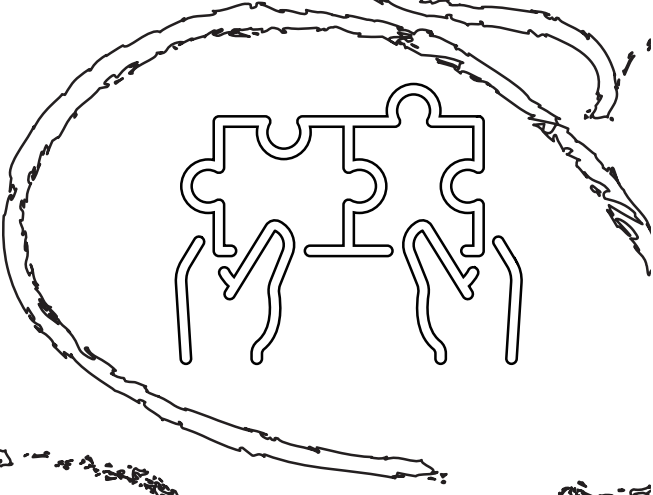
LET'S TALK

# CHILDRENS ACTIVITY BOOKLET

# EVERY CONVERSATION MATTERS



YOU'RE NOT  
ALONE



I'M HERE FOR YOU



I'M LISTENING

**NATIONAL CHILD  
PROTECTION WEEK**

**1-7 September 2024**



**NAPCAN** PREVENT  
CHILD ABUSE  
& NEGLECT

[www.napcan.org.au](http://www.napcan.org.au)

**LET'S ENGAGE CHILDREN, FAMILIES AND  
CHILD-FOCUSED ORGANISATIONS IN  
NATIONAL CHILD PROTECTION WEEK**

“Every child, in every community, needs a fair go”  
To treat all of Australia’s children fairly, we need to make  
sure every family and community has what kids need to  
thrive and be healthy.

THE AIM OF THIS BOOKLET IS TO:

**Start conversations about how to  
build the safest communities possible  
for children**

**Link families to resources and  
support services**



## HEY ADULTS !

More ways to get involved with ensuring that children and families are safe and supported:

### **NATIONAL CHILD PROTECTION WEEK:**

**Find out about other activities & events at:**

**[www.napcan.org.au/get-involved-2024/](http://www.napcan.org.au/get-involved-2024/)**

### **OTHER WEEKS TO BE AWARE OF:**

**Here's a sample of the many national campaigns working together to create stronger, safer communities for children:**

- Safer Internet Day - **February**
- Neighbour Day - **March**
- Families Week - **May**
- NAIDOC Week - **July**
- Aboriginal and Torres Strait Islander Children's Day - **August**
- Anti-Poverty Week (includes curriculum resources) - **October**
- Children's Week - **October**

## HELPLINES ARE LIKE LIGHTHOUSES

Raising children is a bit like sailing a boat. But when we experience serious stress - e.g. due to finances, health, isolation or violence - raising children can feel like sailing in a storm. Support lines can be the lighthouses that we all need to navigate these rough waters. These are some of the main Helplines that you can call for guidance:

### **Kids Helpline:**

**1800 55 1800** (make sure your kids know this one)

### **Parentline:**

**ACT - (02) 6287 3833**

**NSW - 1300 1300 52**

**NT & QLD - 1300 30 1300**

**SA - 1300 364 100**

**TAS - 1300 808 178**

**VIC - 13 22 89**

**WA - 1800 111 546** (country areas) or **(08) 9368 9368**

### **Lifeline:**

**13 11 14**

### **13 YARN:**

**13 YARN - 13 92 76 (24 hours/7 days)**

Free and confidential service run by - and for - Aboriginal and Torres Strait Islander people.

### **For reliable parenting information**

Visit the Australian parenting website **[raisingchildren.net.au](http://raisingchildren.net.au)**

Or access a free online course at **[triplep-parenting.net.au](http://triplep-parenting.net.au)**

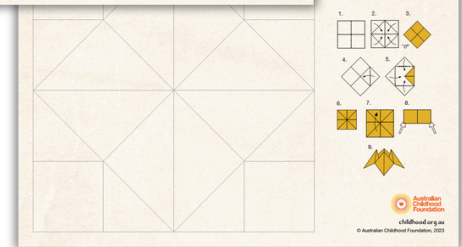
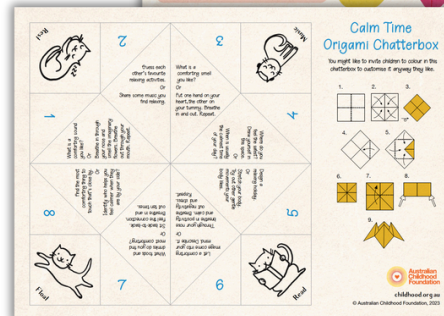


# CALM TIME ORIGAMI CHATTERBOX

A fun, creative game to explore what comfort and calm mean to us.

This chatterbox game invites us to play and learn about the meaning of comfort and calm. It also offers invitations to practice breath-based and comfort-focused activities.

**Turn to the next pages for full instructions.**



This activity has been contributed by **Australian Childhood Foundation**

*Love has the power to prevent and heal abuse.*

*At Australian Childhood Foundation love is an action, a daily effort to build positive relationships that keep children and young people safe and help them to heal.*

*Australian Childhood Foundation provides counselling to children and carers. They teach adults to understand how they can help children to heal from the trauma of abuse and violence. They stand up for children, and young people's rights to safety. They act to ensure every child gets the love they need.*

For more information visit [www.childhood.org.au](http://www.childhood.org.au)



# Calm Time Origami Chatterbox

**A game to explore what comfort and calm mean to us.**

This chatterbox game invites us to play and learn about the meaning of comfort and calm. It also offers invitations to practice breath-based and comfort-focused activities.

One person operates the chatterbox, while the other takes a turn at choosing from its options to make their way to the centre of the folded paper which has activity ideas to choose from.

## How to Use a Chatterbox:

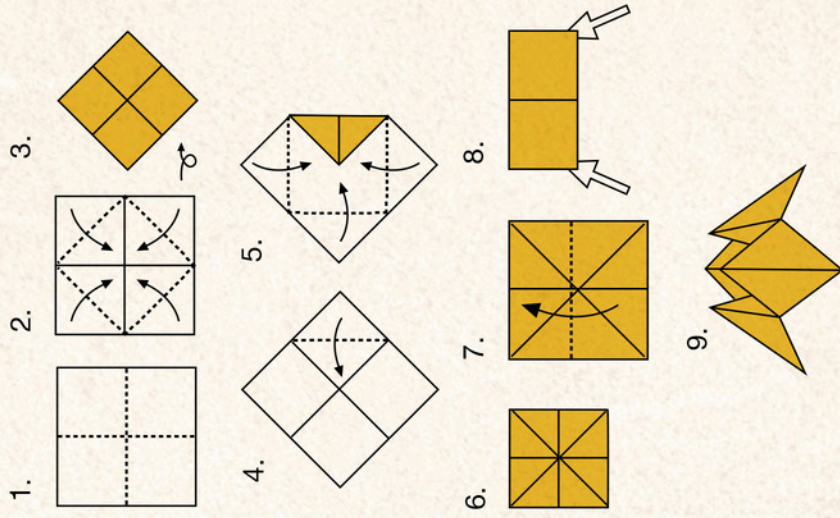
- The Chatterbox operator holds the chatterbox on thumbs and fingers.
- The player chooses from the four outside sides, then the chatterbox operator spells out their choice while moving the parts of the chatterbox.
- The player chooses a number from the four inner numbers, then the chatterbox operator counts out the number, moving the chatterbox again.
- The player chooses a number again and the chatterbox operator opens out the flap with the chosen number on it.
- The player chooses from two activity prompts written beneath the chosen number.
- Swap and repeat. Different choices will lead to different activity options in the centre.






# Calm Time

## Origami Chatterbox

You might like to invite children to colour in this chatterbox to customise it anyway they like.

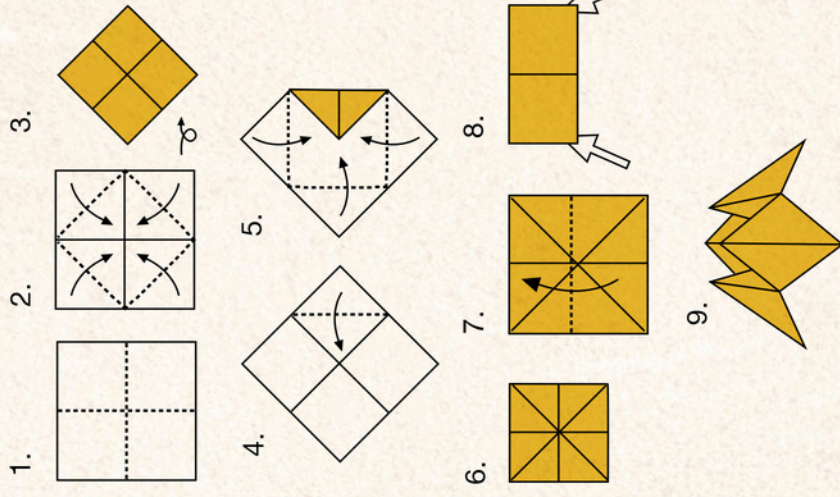


 <p>Music</p>	<p>3</p>	<p>5</p>	 <p>Read</p>
<p>What is a comforting smell you like?</p> <p>Or</p> <p>Put one hand on your heart, the other on your tummy. Breathe in and out. Repeat.</p>	<p>7</p>	<p>Where do you feel the safest? Draw yourself in this space.</p> <p>Or</p> <p>When is usually the calmest time of your day?</p>	<p>6</p> <p>Let a comforting image come into your mind. Describe it.</p> <p>Or</p> <p>Through your nose breathe in positivity and calm. Breathe out negativity and stress. Repeat.</p>
<p>Guess each other's favourite relaxing activities.</p> <p>Or</p> <p>Share some music you find relaxing.</p>	<p>2</p>	<p>Design a relaxing holiday.</p> <p>Or</p> <p>Stretch your body. Try out other gentle movements your body likes.</p>	<p>9</p>
 <p>Rest</p>	<p>1</p>	<p>8</p> <p>Find the most comforting thing to touch that's close by.</p> <p>Or</p> <p>Identify who helps you feel calmer when they are by your side?</p> <p>Or</p> <p>Sit back-to-back. Feel the connection. Breathe in and out ten times.</p>	 <p>Float</p>



# Make your own Origami Chatterbox

Before you start folding consider making your chatterbox look more colourful by colouring it in.



childhood.org.au

© Australian Childhood Foundation, 2023

# SUPERHERO ME !

All of us are superheroes, in our own special way. The more we can see what super powers we have - like kindness, creativity, generosity, being funny - the greater our self esteem.

We each have special strengths that we can share with those around us - what are yours?

**Turn to the next pages for full instructions.**



This activity was contributed by **CREATE Foundation** [www.create.org.au](http://www.create.org.au)

Become a clubCREATE member: [www.create.org.au/clubcreate-members/](http://www.create.org.au/clubcreate-members/)



### About CREATE

CREATE provides programs and services to children and young people with a statutory care experience and develops policy and research to advocate for a better care system. Their mission is to create a better life for children and young people in care by:

- Connecting children and young people to each other, CREATE and their community
- Empowering children and young people to build self-confidence, self-esteem and skills that enable them to have a voice and be heard
- Changing the care system, in consultation with children and young people, through advocacy to improve policies, practices and services, and increase community awareness.





# Superhero Me!

At CREATE, we believe every child has amazing strengths and abilities, just like superheroes! Drawing yourself as a superhero helps you see how powerful and special you are. During National Child Protection Week, it's important to remember that you have the power to help keep yourself and others safe, by speaking up and using your voice. By recognising your own strengths, you can feel confident and ready to face any challenges, just like a true superhero!

## What You'll Need:

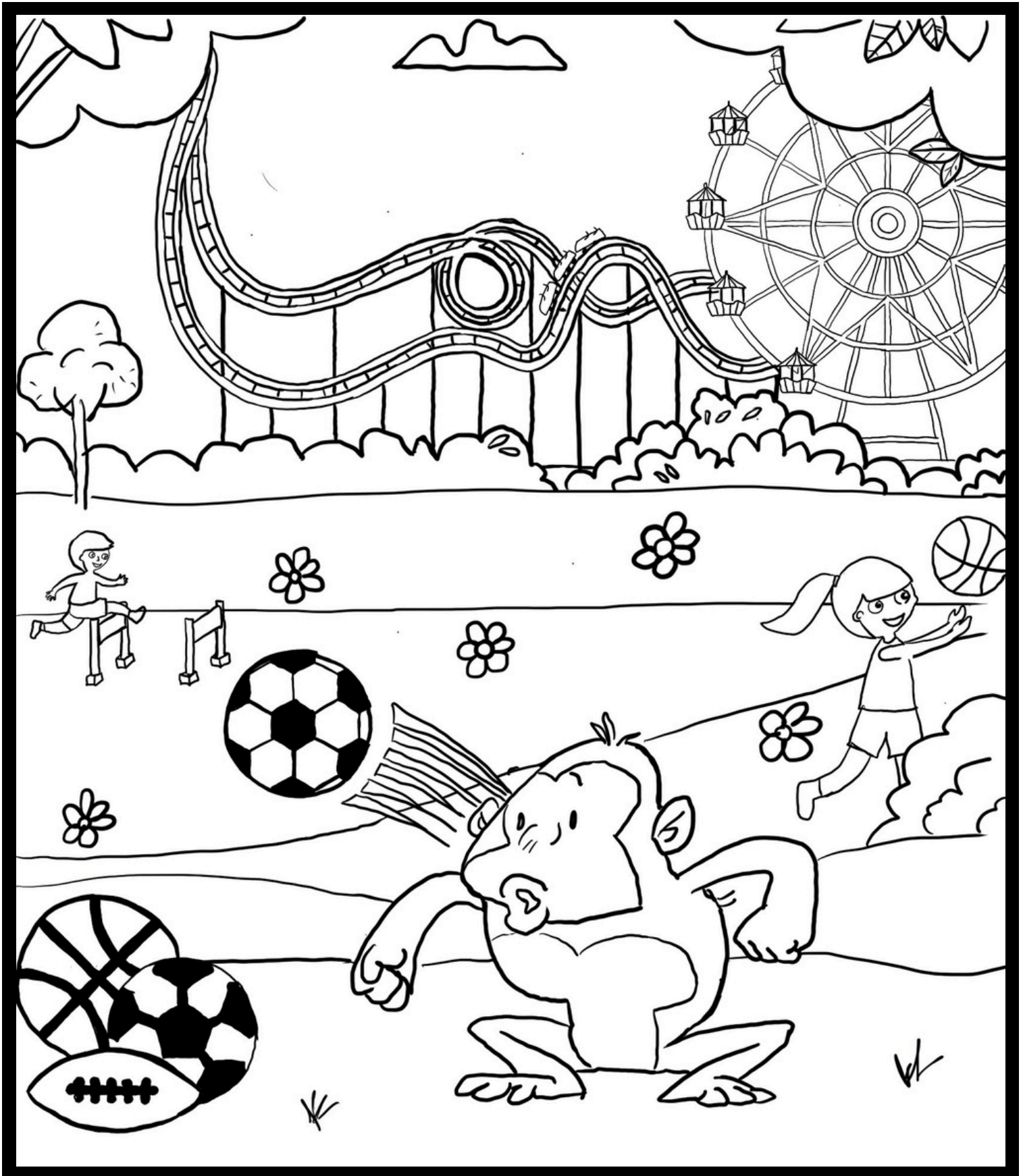
Crayons, markers, or colored pencils  
Craft supplies (glitter, stickers, etc.)

## How to Play:

1. Think about what makes you special and strong. What are your superpowers?
2. Draw yourself as a superhero! Give yourself a cool superhero name, costume, and special powers.
3. Decorate your superhero with craft supplies to make it super awesome.
4. Show your superhero drawing to your friends and family, and tell them about your powers.



# Colour with CREATE!



To THRIVE, kids and young people NEED....

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# WEBSITE TREASURE HUNT

There are lots of great things to do online, but it is also good to know what to do if something goes wrong.



Use the clues to find the 'online safety treasure tips' on our eSafety Kids pages.

**eSafety Kids**  
website treasure hunt

There are lots of great things to do online, but it is also good to know what to do if something goes wrong. Use the clues to find the 'online safety treasure tips' on our eSafety Kids pages. [www.esafety.gov.au/kids](http://www.esafety.gov.au/kids)

Write your answers below:	
What is the number one tip when someone is being mean to you online? <a href="http://esafety.gov.au/kids/mean-to-me-online">esafety.gov.au/kids/mean-to-me-online</a>	
What is the main tip (in the pink box) about spending money online? <a href="http://esafety.gov.au/kids/money-online">esafety.gov.au/kids/money-online</a>	
What is 'unwanted contact'? <a href="http://esafety.gov.au/kids/contacting-me">esafety.gov.au/kids/contacting-me</a>	
What are the 3 things passwords should be? <a href="http://esafety.gov.au/kids/security-and-privacy">esafety.gov.au/kids/security-and-privacy</a>	
Finish this sentence from the page called 'I want help with being safe online'. <a href="http://esafety.gov.au/kids/being-safe-online">esafety.gov.au/kids/being-safe-online</a>	Check your privacy settings and talk about what to share — make your online accounts private and talk to...
What is the first tip about sharing photos and videos? <a href="http://esafety.gov.au/kids/personal-information">esafety.gov.au/kids/personal-information</a>	
What is one thing that can trick you when something is fake online? <a href="http://esafety.gov.au/kids/something-fake">esafety.gov.au/kids/something-fake</a>	
How can eSafety help kids? <a href="http://esafety.gov.au/kids/esafety-help">esafety.gov.au/kids/esafety-help</a>	

This activity was contributed by eSafety. Through our website, reporting schemes, education resources and work with the tech industry we help kids to keep themselves safe online.

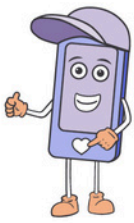
  [esafety.gov.au](http://esafety.gov.au)

*This activity was contributed by the eSafety Commissioner.*

*Through their website, reporting schemes, education resources and work with the tech industry, the eSafety Commission helps kids to keep themselves safe online.*

[www.esafety.gov.au/kids](http://www.esafety.gov.au/kids)





# eSafety Kids

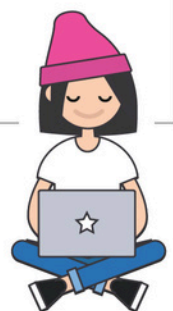
## website treasure hunt

There are lots of great things to do online, but it is also good to know what to do if something goes wrong.

Use the clues to find the 'online safety treasure tips' on our [eSafety Kids](http://www.esafety.gov.au/kids) pages. [www.esafety.gov.au/kids](http://www.esafety.gov.au/kids)

	Write your answers below:
<b>What is the number one tip when someone is being mean to you online?</b> <a href="http://esafety.gov.au/kids/mean-to-me-online">esafety.gov.au/kids/mean-to-me-online</a>	
<b>What is the main tip (in the pink box) about spending money online?</b> <a href="http://esafety.gov.au/kids/money-online">esafety.gov.au/kids/money-online</a>	
<b>What is 'unwanted contact'?</b> <a href="http://esafety.gov.au/kids/contacting-me">esafety.gov.au/kids/contacting-me</a>	
<b>What are the 3 things passwords should be?</b> <a href="http://esafety.gov.au/kids/security-and-privacy">esafety.gov.au/kids/security-and-privacy</a>	
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<b>What is the first tip about sharing photos and videos?</b> <a href="http://esafety.gov.au/kids/personal-information">esafety.gov.au/kids/personal-information</a>	
<b>What is one thing that can trick you when something is fake online?</b> <a href="http://esafety.gov.au/kids/something-fake">esafety.gov.au/kids/something-fake</a>	
<b>How can eSafety help kids?</b> <a href="http://esafety.gov.au/kids/esafety-help">esafety.gov.au/kids/esafety-help</a>	

This activity was contributed by eSafety. Through our website, reporting schemes, education resources and work with the tech industry we help kids to keep themselves safe online.



# 5 FINGERS OF SUPPORT

The aim of this activity is for children to make a **Support and Safety Circle** of trusted adults they can go to for help, and places and things that help them to feel safe.

## Activity

### Step 1.

Hold up your hand, you might notice that all our hands are a little similar but also very different. The same goes for our 5 fingers of support, you might have different supports than the person next to you.

### Step 2.

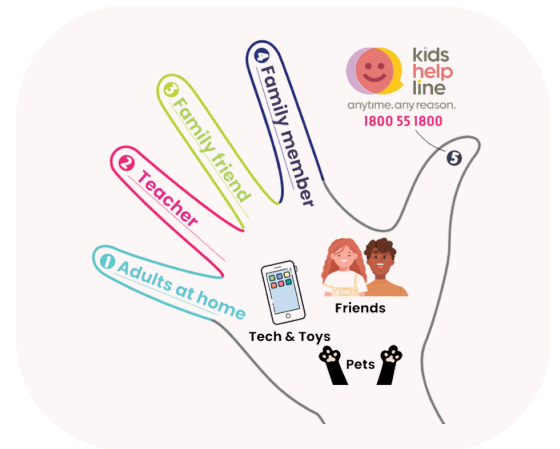
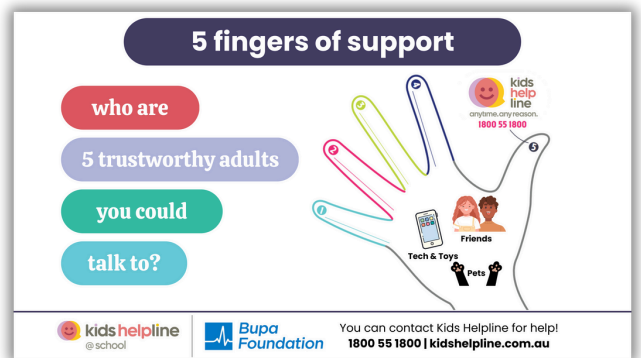
Give me a big THUMBS UP! Kids Helpline are on the thumb because they are there for you, anytime any reason. And even if you don't know who can support you, you can always talk to us.

### Step 3.

On your other 4 fingers is where you put your adult supports. It might be: a parent or carer, a family member like a cousin/adult /sibling/ aunty/uncle/ grandparent, a family friend, a coach or baby sitter, teacher.

### Step 4.

On your palm is where you put your friends, pets and toys – because these are important too and you can hold them close.



These are some examples the Kids Helpline counsellor's came up with for the 5 fingers of supports.

**What would your 5 fingers of support look like?**

This activity was contributed by **Kids Helpline**.

Kids Helpline, powered by **yourtown** is Australia's only free and confidential, 24/7 online and phone counselling service for young people aged 5 – 25. Kids Helpline is here for children and young people whenever they need us, anytime for any reason 24/7, through tailored mental health counselling services in line with their changing preferences for help-seeking.

Visit [kidshelpline.com.au](http://kidshelpline.com.au) or free call 1800 55 1800.



# 5 fingers of support

who are

5 trustworthy adults

you could

talk to?



# WORD MAZE

## Protecting children is everyone's business.

There are many people in your neighbourhood who you might be able to go to for help should you need it.

See how many you can find in the word search puzzle.



This activity has been contributed by **Queensland Child Protection Week** which runs concurrently with National Child Protection Week. The enduring theme for Queensland Child Protection Week is **Protecting Children is Everybody's Business**.

For more information about Queensland activities, resources, awards and events visit [www.childprotectionweek.org.au](http://www.childprotectionweek.org.au)

Protecting **children** is  
**EVERYBODY'S**  
**BUSINESS**



QUEENSLAND  
**CHILD PROTECTION WEEK**





QUEENSLAND  
**CHILD  
PROTECTION  
WEEK**

*Protecting children is everyone's business – play your part.*

**1–7 September 2024**  
[www.childprotectionweek.org.au](http://www.childprotectionweek.org.au)



**Word maze**

Can you find all 11 people and places that you can go to for help and support?

- |         |             |           |               |        |       |
|---------|-------------|-----------|---------------|--------|-------|
| Police  | Sport coach | Ambulance | Kids Helpline | Doctor | Carer |
| Teacher | Hospital    | Family    | Social worker | School |       |

S	O	C	I	A	L	W	O	R	K	E	R
A	K	C	P	O	L	I	C	E	E	P	C
U	J	H	X	P	U	E	N	G	E	Z	A
N	K	U	F	A	M	I	L	Y	N	O	M
I	P	R	D	Z	F	D	F	S	I	T	B
D	O	C	T	O	R	E	V	I	L	Y	U
E	T	H	L	G	O	F	N	O	P	H	L
D	N	E	I	R	F	C	O	Z	L	O	A
N	I	C	Y	B	I	H	V	S	E	S	N
S	P	O	R	T	C	O	A	C	H	P	C
S	E	R	U	S	L	U	C	B	S	I	E
T	E	A	C	H	E	R	I	R	D	T	Z
S	S	E	N	R	E	H	T	E	I	A	A
A	N	C	A	R	E	R	T	A	K	L	G



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**Kids Helpline: phone 1800 551 800 or go to [www.kidshelpline.com.au](http://www.kidshelpline.com.au)**



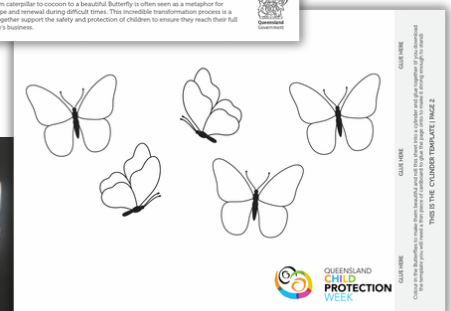
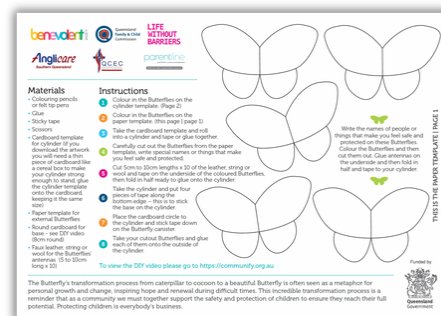
# BUTTERFLY CYLINDER

## Protecting children is everybody's business.

The Butterfly's transformation process from caterpillar to cocoon to a beautiful Butterfly is often seen as a metaphor for personal growth and change, inspiring hope and renewal during difficult times.

This incredible transformation process is a reminder that as a community we must together support the safety and protection of children to ensure they reach their full potential.

## Turn to the next pages for full instructions.



HERE'S AN EXAMPLE!

This activity has been contributed by **Queensland Child Protection Week** which runs concurrently with National Child Protection Week. The enduring theme for Queensland Child Protection Week is **Protecting Children is Everybody's Business**.

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Protecting **children** is  
**EVERYBODY'S**  
**BUSINESS**



QUEENSLAND  
**CHILD**  
**PROTECTION**  
**WEEK**



**NATIONAL CHILD PROTECTION WEEK 1-7 September 2024**

**NAPCAN** PREVENT  
CHILD ABUSE  
& NEGLECT  
[www.napcan.org.au](http://www.napcan.org.au)

## Materials

- Colouring pencils or felt tip pens
- Glue
- Sticky tape
- Scissors
- Cardboard template for cylinder (if you download the artwork you will need a thin piece of cardboard like a cereal box to make your cylinder strong enough to stand, glue the cylinder template onto the cardboard, keeping it the same size)
- Paper template for external Butterflies
- Round cardboard for base - see DIY video (8cm round)
- Faux leather, string or wool for the Butterflies' antennas (5 to 10cm long x 10)

## Instructions

- 1 Colour in the Butterflies on the cylinder template. (Page 2)
- 2 Colour in the Butterflies on the paper template. (this page | page 1)
- 3 Take the cardboard template and roll into a cylinder and tape or glue together.
- 4 Carefully cut out the Butterflies from the paper template, write special names or things that make you feel safe and protected.
- 5 Cut 5cm to 10cm lengths x 10 of the leather, string or wool and tape on the underside of the coloured Butterflies, then fold in half ready to glue onto the cylinder.
- 6 Take the cylinder and put four pieces of tape along the bottom edge – this is to stick the base on the cylinder.
- 7 Place the cardboard circle to the cylinder and stick tape down on the Butterfly canister.
- 8 Take your cutout Butterflies and glue each of them onto the outside of the cylinder.

To view the **DIY video** please go to <https://communitify.org.au>

The Butterfly's transformation process from caterpillar to cocoon to a beautiful Butterfly is often seen as a metaphor for personal growth and change, inspiring hope and renewal during difficult times. This incredible transformation process is a reminder that as a community we must together support the safety and protection of children to ensure they reach their full potential. Protecting children is everybody's business.

Write the names of people or things that make you feel safe and protected on these Butterflies. Colour the Butterflies and then cut them out. Glue antennas on the underside and then fold in half and tape to your cylinder.

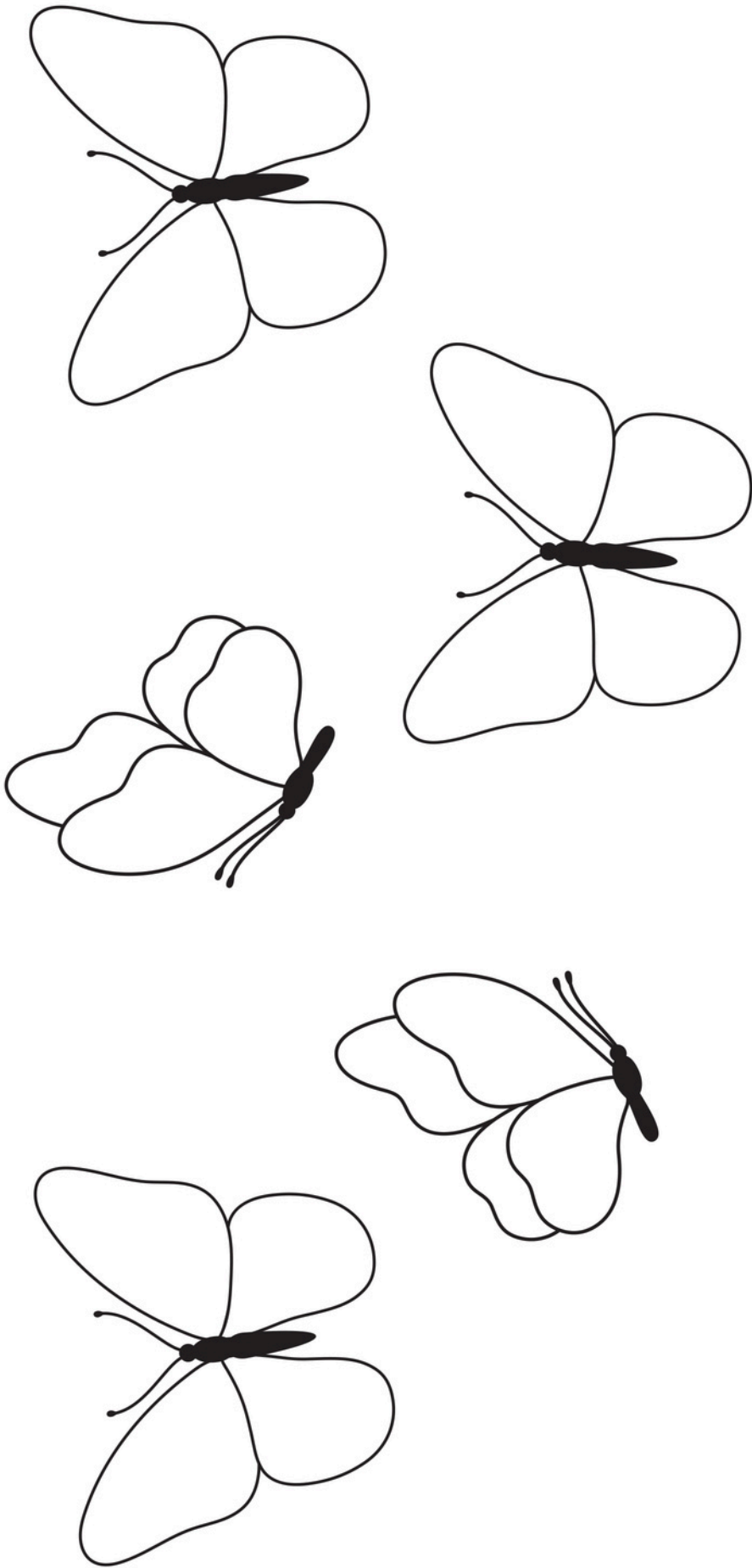


Colour in the Butterflies to make them beautiful and roll this sheet into a cylinder and glue together (if you download the template you will need a thin piece of cardboard to glue the page onto to make it strong enough to stand)

GLUE HERE

GLUE HERE

GLUE HERE



QUEENSLAND  
**CHILD**  
**PROTECTION**  
WEEK



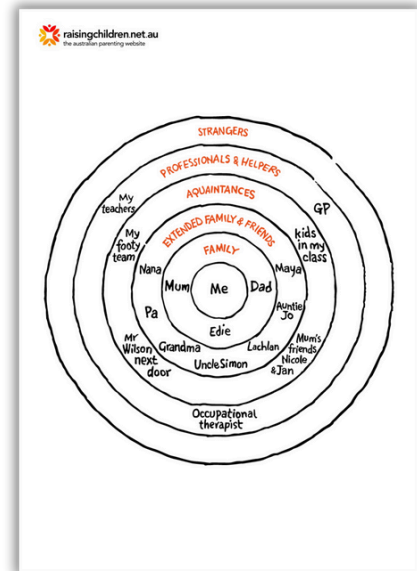
## CIRCLE OF FRIENDS

Children come in to contact with many people in the community, and it's important for them to understand how those different relationships support them, as well as where boundaries should lie.

The circle of friends activity helps your child understand the different people in their life – what their relationship is with these people, how your child should behave with them, and what behaviour is OK from those people. It can help keep them safe.

### How to do a circle of friends activity with your child

1. Start with a big piece of paper and ask your child to draw a **picture of themselves** in the middle. Or they could stick a photo of themselves there. Ask your child to draw a circle around themselves.
2. Draw a larger circle around your child's circle. In this circle add the people who are closest to your child – for example, the **family** they live with. Your child could write their names, draw pictures or stick on photos of them.
3. Draw a larger circle around the first two circles. In this circle add people who are close to your child but not quite as close as those in the first circle. They could be **extended family or your child's best friends**. Talk with your child about who to include.
4. Draw another circle around the others and add **acquaintances**. These are people your child knows but isn't close friends with. They could be people in your child's wider group of friends, in their class at school, on their sports team, or family friends. Talk with your child about who to include.
5. Draw another circle and add **professionals** and other people whose jobs are to help your child. They might be teachers, doctors or carers.
6. In the outside circle add **strangers**. These are people your child doesn't know.



### Using the circle of friends to help your child understand personal boundaries

Once you've added people to each of the circles, talk with your child about how your child should behave with people in each circle.

**You could ask questions like these:**

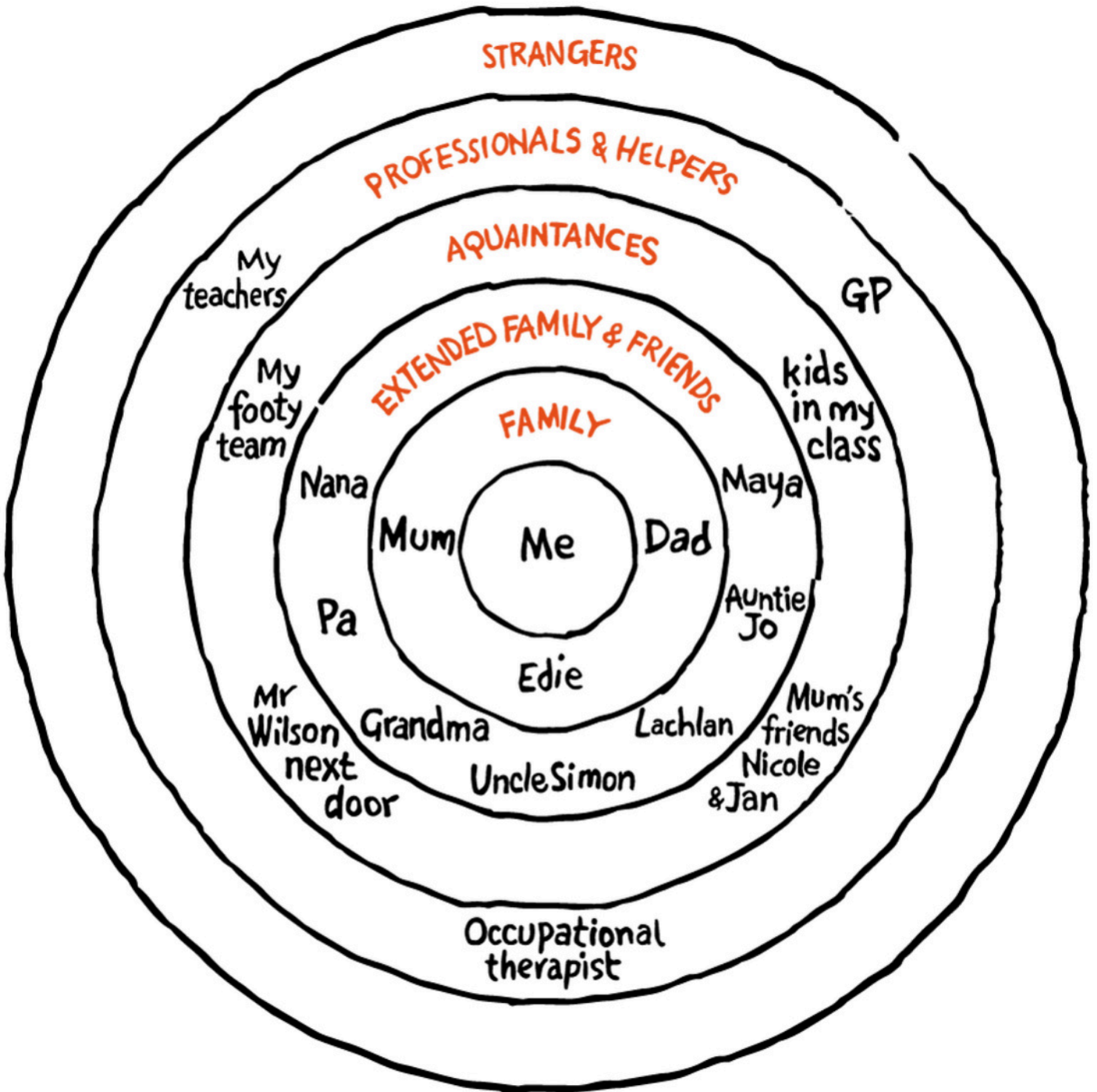
- How would you greet people in this circle?
- Which people would it be OK to kiss or hug?
- Who would you invite to your house for dinner?
- Who could you talk to if you're worried about something?
- Can you sit in this person's lap?

You can use this activity to help your child stay safe. To do this, you can ask your child questions about how other people should behave around them.

**For example:**

- Which people can hug or kiss you?
- Which people can hold your hand?
- Which people can collect you from school?

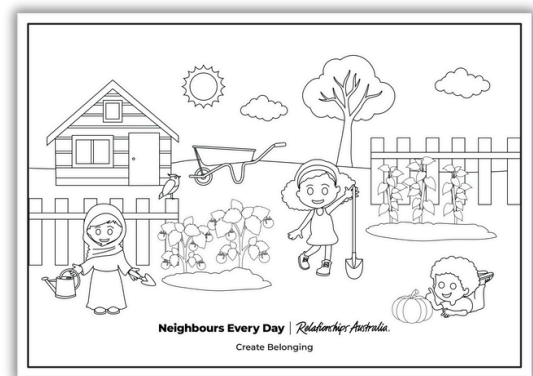
This activity was contributed by [raisingchildren.net.au](http://raisingchildren.net.au), the Australian parenting website providing **up-to-date, evidence-based, independent and free information** for parents and professionals working with families.



# BRIGHTEN UP YOUR NEIGHBOURHOOD

Brighten up your neighbourhood. Use your favourite colours (crayons, pencils, markers, paints etc.) to colour these images of neighbours being friendly and kind to each other.

If you'd like to share your artwork you could write a thoughtful note on the back of your page and gift it to a neighbour.



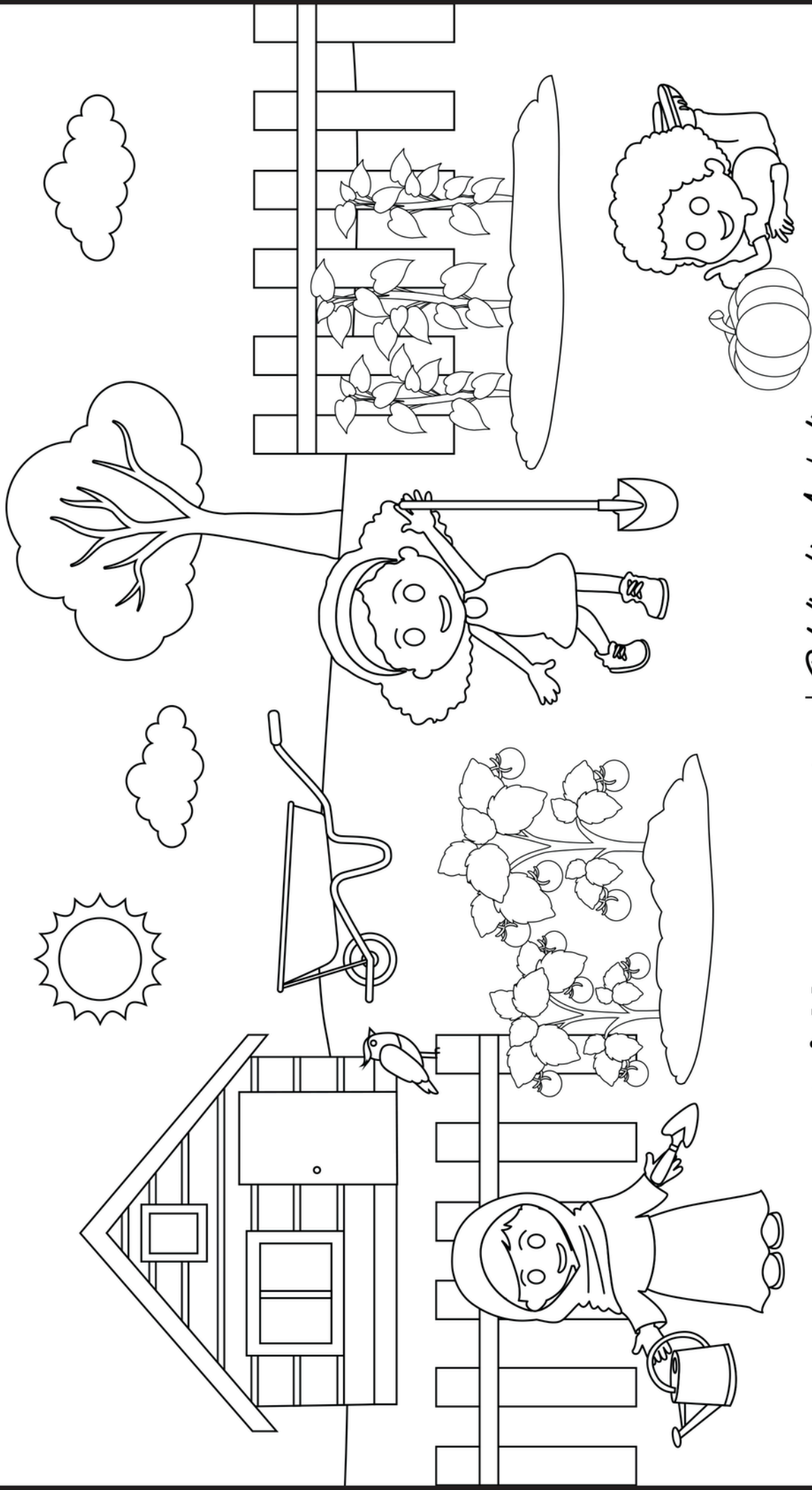
This activity was contributed by **Relationships Australia**, a leading provider of relationship support services for individuals, families and communities. [www.relationships.org.au](http://www.relationships.org.au)

Relationships Australia aims to support all people in Australia to achieve positive and respectful relationships. With a child-centred approach to family relationships, Relationships Australia very much supports the efforts of NAPCAN and the theme of the campaign this year.

**Neighbours Every Day (NED)** is Relationships Australia's social connection campaign. It's annual day of action is Neighbour Day, a celebration of community on the last Sunday in March, encouraging people to connect with their neighbours and create belonging. [www.neighbourseveryday.org](http://www.neighbourseveryday.org)

Relationships Australia®





**Neighbours Every Day** | *Relationships Australia*

Create Belonging

# I'M DEADLY!

## WHY?

To find out a bit about the child and how they see themselves - their strengths and dreams.

The circle of friends activity helps your child understand the different people in their life – what their relationship is with these people, how your child should behave with them, and what behaviour is OK from those people. It can help keep them safe.

## WHAT TO DO?

### Explain

- Everyone is different. These differences make you deadly.
- Talk about some of the things that you have noticed about them already – things that you admire or you've noticed they do
- Let's take a look at some of the things that are important to you

### Using the tool

- Work your way through the **I'm deadly** tool together
- Let the child know they can write words or draw pictures in each circle.
- Let them know if they don't want to fill a space in that's OK – you can leave it blank or come up with ideas together



### Be Careful

- Some kids can find it hard to talk about their strengths. Without taking over, gently give them some ideas or remind them about what others have told you - Your mum told me you were deadly at ....You're great at making me laugh...

### Finish

- Ask if you can take a copy so you don't forget
- Ask where they will display **I'm deadly** and who they would want to see it.

This activity is from **Child's Voice - Our children have the right to be heard**, which was created by the Victorian Aboriginal Child Care Agency (VACCA) and includes more activities designed specially for Aboriginal children. VACCA is a state-wide Aboriginal Community Controlled Organisation (ACCO) servicing children, young people, families, and community members. [www.vacca.org](http://www.vacca.org)



**VACCA**  
Connected by culture

The Child's Voice resources are based on the Kids Central Toolkit, which was developed by Institute of Child Protection Studies, Australian Catholic University to help services place children in the centre of their work. Find out more at the Kids Central Website: [www.acu.edu.au/icps/kids-central-toolkit](http://www.acu.edu.au/icps/kids-central-toolkit)



**ACU**  
AUSTRALIAN CATHOLIC UNIVERSITY







# I'm deadly!

Child's Voice • 13

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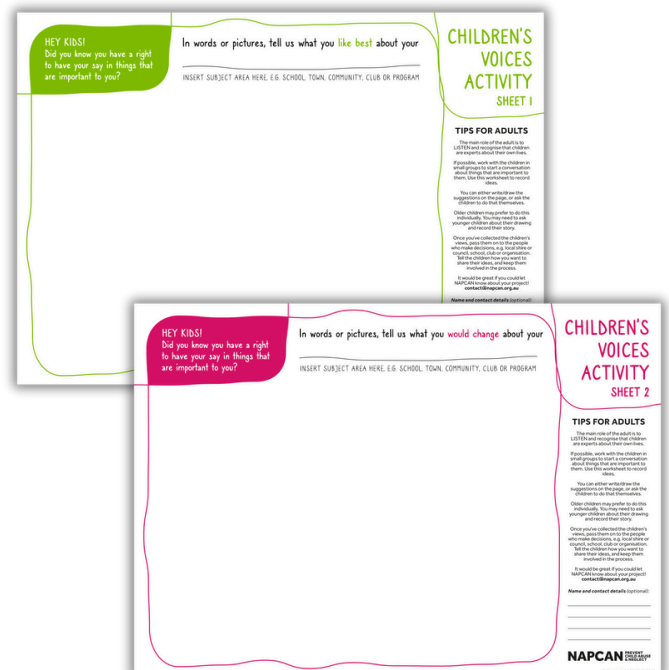
# CHILDREN'S VOICES

If we want to make our local communities great for children, we need to ask them what they think, because:

- **Children experience the world differently from adults.**
- **Adults cannot guess what is important for children without asking them and listening to the answer.**
- **Children may have priorities that adults prefer not to think about.**
- **Children use community facilities in ways that are different from adults.**

The aim of this activity is to provide a simple tool to help adults to start listening to, and acting on, the views of young people. A critical part of this project is to make sure that this feedback is actually used to inform decisions in the local community.

So, once you've done this activity, think about ways to pass on the children's suggestions to decision-makers such as local councils. Or get creative about how you display the drawings at your school or maybe even the local library.



The Children's Voices Activity was created by the **National Association for Prevention of Child Abuse and Neglect (NAPCAN)** as a tool to support organisations to listen to, and act on, the voices of children. To find out more about the work of NAPCAN including how to get involved with National Child Protection Week, visit [www.napcan.org.au](http://www.napcan.org.au)

**NAPCAN** PREVENT CHILD ABUSE & NEGLECT



**NATIONAL CHILD PROTECTION WEEK 1-7 September 2024**

**NAPCAN** PREVENT CHILD ABUSE & NEGLECT  
[www.napcan.org.au](http://www.napcan.org.au)

# CHILDREN'S VOICES ACTIVITY SHEET 1

In words or pictures, tell us what you like best about your

\_\_\_\_\_  
INSERT SUBJECT AREA HERE, E.G. SCHOOL, TOWN, COMMUNITY, CLUB OR PROGRAM

**HEY KIDS!**  
Did you know you have a right to have your say in things that are important to you?

## TIPS FOR ADULTS

The main role of the adult is to LISTEN and recognise that children are experts about their own lives.

If possible, work with the children in small groups to start a conversation about things that are important to them. Use this worksheet to record ideas.

You can either write/draw the suggestions on the page, or ask the children to do that themselves.

Older children may prefer to do this individually. You may need to ask younger children about their drawing and record their story.

Once you've collected the children's views, pass them on to the people who make decisions, e.g. local shire or council, school, club or organisation.

Tell the children how you want to share their ideas, and keep them involved in the process.

It would be great if you could let NAPCAN know about your project!  
**contact@napcan.org.au**

Name and contact details (optional):

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# CHILDREN'S VOICES ACTIVITY SHEET 2

In words or pictures, tell us what you would change about your

\_\_\_\_\_  
INSERT SUBJECT AREA HERE, E.G. SCHOOL, TOWN, COMMUNITY, CLUB OR PROGRAM

**HEY KIDS!**

Did you know you have a right to have your say in things that are important to you?

## TIPS FOR ADULTS

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